

Breastfeeding Support Drop-in Groups in Islington

Monday

By appointment only

Hornsey Rd Children's Centre
8 Tiltman Place
Hornsey Road, N7 7EN
Book on 020 3316 8439

1.30-3.00pm

Conewood St Children's Centre
14 Conewood Street
N5 1DL
Tel: 020 7527 4440

Tuesday

1.00-2.30pm

Hungerford Children's Centre
10 Gooding Road
N7 9LH
Tel: 020 7527 8441

Find us on Facebook

for support,
information,
news and feedback



Breastfeeding
Islington

Wednesday

9.30-11.00am

(part of baby clinic)

Bingfield Primary Care Centre
8 Bingfield Street, N1 0AL
Tel: 020 3316 8439

1.00-2.30pm

(premature babies especially welcome)

Archway Children's Centre
Vorley Road, N19 5HE
Tel: 020 7527 4827

Thursday

9.30-11.00am

Moreland Children's Centre
2 Gard Street
EC1V 8BX
Tel: 020 7527 3500

Want to train with us?

You can find out about what's involved at breastfeedingnetwork.org.uk/get-involved/ and call us on 020 3316 8439 for more info and course dates.

Friday

9.30-11.00am

**Paradise Park
Children's Centre**
164 Mackenzie Rd, N7 8SE
Tel: 020 7697 7330

1.00-2.30pm

**New River Green
Children's Centre**
23 Ramsey Walk, N1 2SX
Tel: 020 7527 4813

1.00-2.30pm

Ambler Children's Centre
Romilly Road
N4 2DR
Tel: 020 7359 7628

(timetable may change during school holidays – call or check on Facebook for updates before attending)

You can come along at any point during a session for information and support with feeding your baby, and to meet other mums. Babies and children of any age are welcome – and bumps too! Why not come along while you're pregnant to meet your local supporters and get prepared?

Support lines

9.30am-9.30pm, 7 days a week

National Breastfeeding Helpline
0300 100 0212 *(press 2 for Polish)*

Breastfeeding Network Supporterline
0300 100 0210

Bengali/Sylheti Supporterline
0300 456 2421

Other information and support

- breastfeedingnetwork.org.uk *(includes webchat support)*
- globalhealthmedia.org/breastfeeding
- unicef.org.uk/babyfriendly/support-for-parents
- [facebook.com/BfNDrugsinBreastmilkinformation](https://www.facebook.com/BfNDrugsinBreastmilkinformation)

Notes

Contact us on **020 3316 8439**

We collect, receive and process your personal information as part of your perinatal care with Whittington Health NHS Trust and operate within Trust systems and policies. For more information on how we use your data, visit www.whittington.nhs.uk, see our Facebook page or contact us.

 **ISLINGTON**
Working in partnership

 **Whittington Health**
NHS Trust 